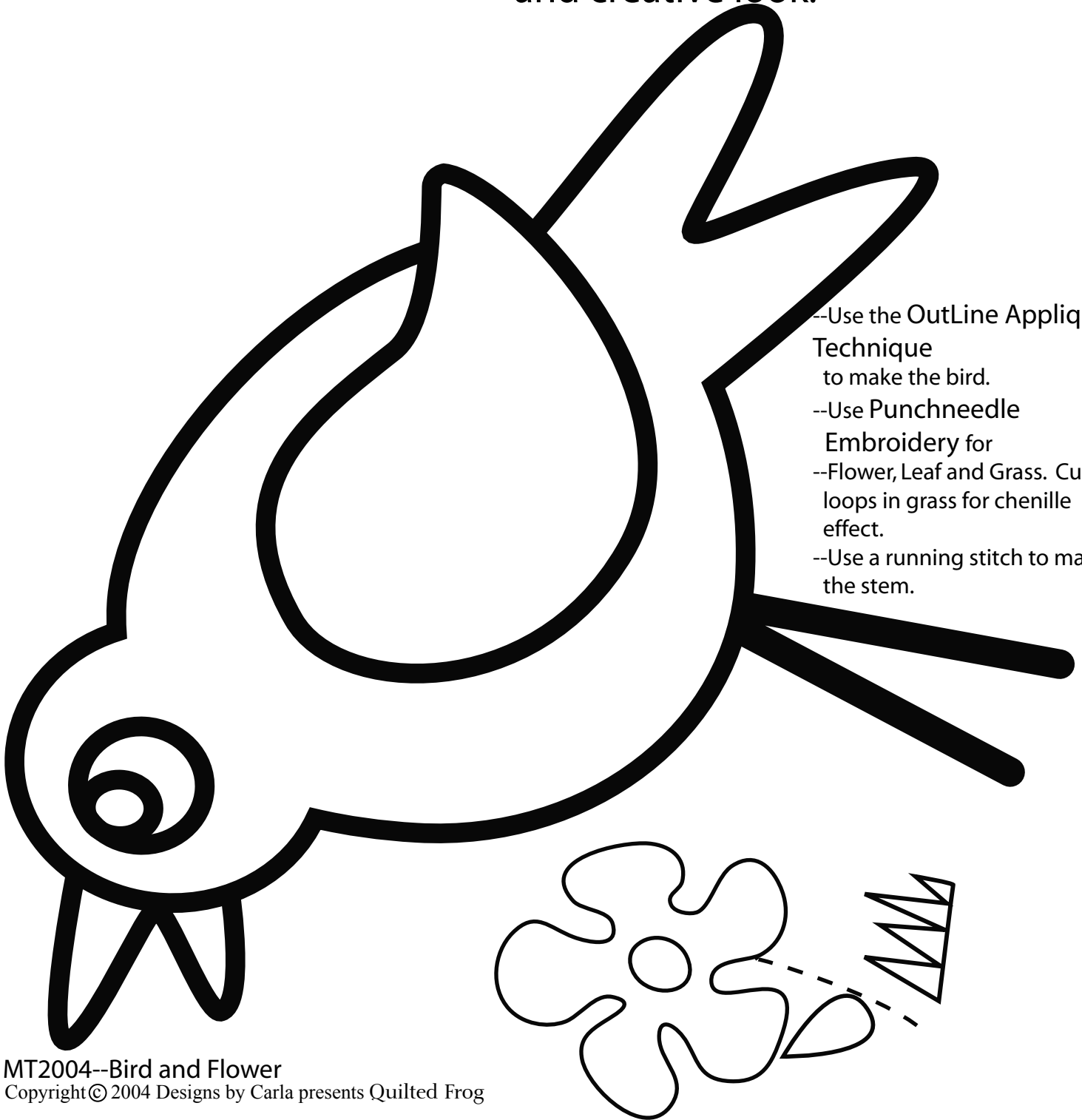




Quilted Frog

Patterns for Quilters
Hand-guided machine Quilting
www.quiltedfrog.com

Learn our easy OutLine Applique Technique as you make this adorable bird. Embellish your project with Punch Needle Embroidery flowers for a new and creative look.



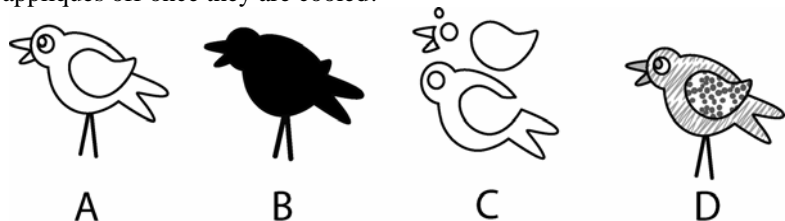
- Use the OutLine Applique Technique to make the bird.
- Use Punchneedle Embroidery for
- Flower, Leaf and Grass. Cut loops in grass for chenille effect.
- Use a running stitch to make the stem.

MT2004--Bird and Flower
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Easy OutLine Appliqué:

Use the fusible web of your choice; however make sure that it has a paper carrier on one side. We prefer HTC Trans-Web, as it is lightweight. Remember to apply as the manufacture suggests. Use a press cloth to protect your iron from glue residue. Use a Teflon appliqué sheet on the ironing board when assembling appliqué units. You can peel your appliqué off once they are cooled!



- A. Tape pattern pages together if necessary. All patterns are printed in reverse so they will be the same direction after sewing as in the photo. Notice that the OutLine Applique pattern is printed with heavy black outlines.
- B. Lay fusible web paper side up on pattern. Trace around the **OUTSIDE** of the complete design to make black outline for appliqué. Fuse to Black fabric. Cut out carefully.
- C. Lay fusible web, paper side up, on pattern. Trace carefully **INSIDE** black lines of each pattern part. Tracing on the inside of the heavy black outline will automatically create a space between each shape when fusing the colored pieces to the black applique base. Inside each traced piece, write the color you will be fusing it to. Cut between the lines you drew to separate the sections of the appliqué. Fuse each piece to the correct color of fabric. Carefully cut out each section along the pencil line.
- D. Place cut out sections on top of Black silhouette shape, leaving space between pieces to form the black outlines. Trim edges of colored pieces if necessary to create a distinct outline. Fuse in place.

Punch Needle

Threading the Punch SNeedle:

1. Follow needle manufacturer's instructions to thread the punch needle. Cut gauge to lengths specified by manufacturer.

Stiching with the Punch Needle:

1. Look closely at the end of the needle. It has a slanted cut on the tip. This is the front of the needle. You must always stitch with the slanted side or front of the needle facing forward. You can sew any direction, as long the slanted edge is moving forward.

2. To sew hold the needle with you thumb and first two fingers. Lay thread away from you, making sure it is not catching on anything while you sew. Always punch needle into the fabric as far as the fabric will allow. Always keep needle at a 90-degree angle to the fabric. Work from the outside edge of a shape into the middle. Punch on either side of the lines, not on the lines of the design.
 3. Punch the needle into the fabric. Pull the needle back to the surface of the fabric without lifting it off the fabric. Move a short distance, dragging needle on the fabric, and reinsert the needle. After you have stitched several stitches clip the thread tail. Continue this process. Go around the design, when making a second row of stitches leave a needle width between rows this will avoid over stitching the designs.
 4. When you are finished filling in an area push the needle to the right side or the side with the loops. Pull an inch of thread through the needle. Clip the thread even with the loops and remove needle.
 5. Stitch any outlines after you finish the larger shapes. Leave a needle's width between shapes that will be outlined. Stitch one row of loops to create an outline.
 6. Use the different lengths of gauge to create loops of different heights. This adds dimension to the embroidery.
- Low pile**, created with a long piece of gauge, is generally used for background.
Medium pile, created with a medium length piece of gauge, is generally used for foreground items.
High pile, created with a short piece of gauge, is used for when you want to clip the loops and chenille the threads.
7. Clip loops to create a chenille effect. Sculpt an area by clipping the loops at the outer edge of a shape shorter than the loops in the middle of the shape.
 8. Use embroidery floss or perle cotton in colors of your choice or use the DMC colors indicated on the pattern. Use beads to create eyes and other fine detail.



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