

Blue Birds Runner

Approximate Runner size 16" x 36"

We used 42" cotton fabric. When strips appear in cutting instructions cut cross grain (Selvage to Selvage).

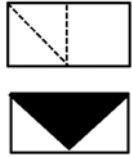
Use 1/4" seam allowances unless otherwise noted.

Materials Need: Runner and 1 Placemat

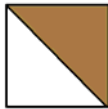
Background	Assorted yellow Fabric that total one yard
Applique Base	1/2 yd. Solid Black Fabric
Outer Leaves	1 fat qt. dark green Fabric
Inner Leaves	1 fat qt. light green Fabric
Flowers	14 5" x 5" Assorted red fabrics or 1 fat quarter 14 5" x 5" Assorted pink fabrics or 1 fat quarter
Flower Centers & Bird Beaks	8" x 8" orange fabric
Birds	Fat quarter ea turquoise print & blue print
Border 1 &	1/2 yd purple strpe fabric

Binding	
Border 2	1/2 yd Green print fabric
Backing	1 yard
Batting	1 yard
Fusible Web	1 yd lightweight fusible

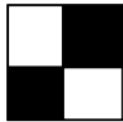
2. Cut 17 - (4 1/2" x 2 1/2") and 34 - (2 1/2" x 2 1/2") using a variety of different yellows. Press the 2 1/2" squares in half corner to corner.
3. Place a 2 1/2" square face down on a 4 1/2" x 2 1/2" rectangle. Sew across the fold line then press back to make a triangle repeat on the opposite side. Make a total of 17 of these flying geese blocks. Set aside.



4. Cut 2 - yellow (4 1/2" x 4 1/2") blocks. Set aside.
5. Cut 12 - assorted yellows (2 1/2" x 2 1/2") press 6 in half corner to corner.
6. Place a pressed square face down on one of the 2 1/2" squares sew from corner to corner. This will make 6 half square triangles. Set aside.



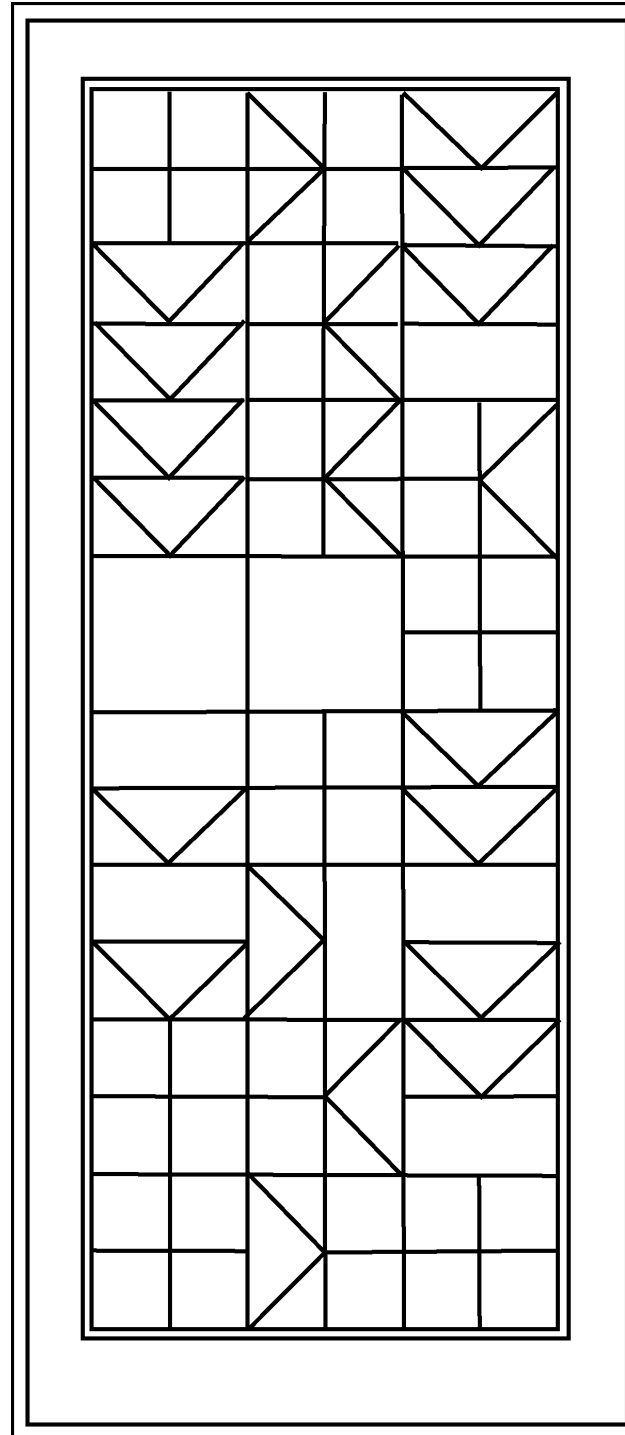
7. Cut 24- assorted yellows (2 1/2" x 2 1/2"). Sew together to make 4 four-patch blocks. Set aside.



8. Cut 10 - assorted yellows (2 1/2" x 2 1/2") sew together to make 5 - 2 patch blocks. Set aside.



9. Cut 6 - assorted yellows (4 1/2" x 2 1/2"). Set aside.
10. Follow the diagram in the pattern to assemble all of the yellow blocks in rows to create the background.



Borders. Use Photo for color placement.

11. Cut 4- purple fabric (1"x width of fabric) for the 1" border. Measure across the center of the runner lengthwise and cut 2 pieces to that length. Sew to each side. Measure the width of the runner through the center and cut 2 pieces that length. Sew to the top and bottom.

12. Cut 4- (2"x width of fabric) of Green print fabric. Follow directions in step 11 to make the green border.

13. Following the picture for placement, apply all of the appliqué. Fuse down and then stitch around outside edge of each appliqué.

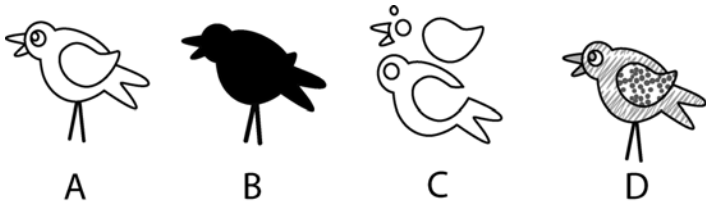
14. Layer runner, batting and backing. Quilt using your favorite method.

15. Cut 4- purple fabric (2 1/2"x width of fabric). Sew short ends together. Iron in half lengthwise. Use to bind the runner.

16. Make the bird & flower applique units using the

Easy OutLine Appliqué Technique:

Use the materials list and cover for color placement. Use a lightweight fusible web of your choice; however make sure that it has a paper carrier on one side. Remember to apply as the manufacture suggests. Use a press cloth to protect your iron from glue residue. Use a Teflon appliqué sheet on the ironing board when assembling appliqué units.



A. Tape pattern pages together if necessary. Follow the page diagram below. All patterns are printed in reverse so they will be the same direction after sewing as in the photo. Notice that the OutLine Applique pattern is printed with heavy black outlines.

1	2	3	4
5	6	7	8

tape the pattern
pages together
in this order

- B. Lay fusible web paper side up on pattern. Trace around the **OUTSIDE** of the complete design to make black outline for appliqués. Fuse to Black fabric. Cut out carefully.
- C. Lay fusible web, paper side up, on pattern. Trace carefully **INSIDE** black lines of each pattern part. Tracing on the inside of the heavy black outline will automatically create a space between each shape when fusing the colored pieces to the black applique base. Inside each traced piece, write the color you will be fusing it to. Cut between the lines you drew to separate the sections of the appliqué. Fuse each piece to the correct color of fabric. Carefully cut out each section along the pencil line.
- D. Place cut out sections on top of Black silhouette shape, leaving space between pieces to form the black outlines. Trim edges of colored pieces if necessary to create a distinct outline. Fuse appliqués to quilt.

**Happy Quilting,
Carla & Leanne**

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Blue Birds Table Runner

Full size pattern for OutLine Applique.

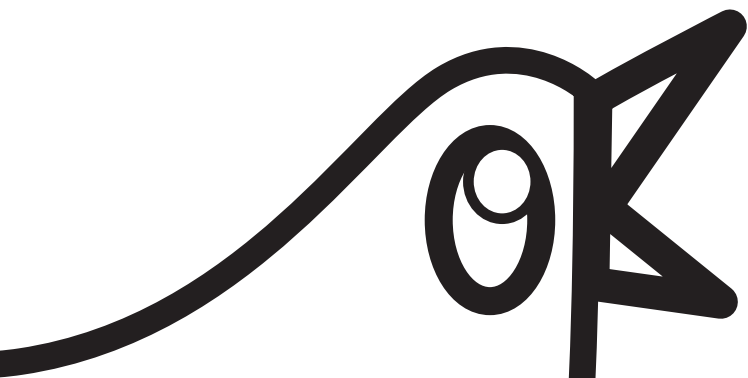
See Instructions for directions for making the applique pieces.

Trace on fusible web.

Finished object will be a mirror image of this pattern.

2

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